



EPUAP CURRICULUM VITAE

Name : Rosa Colella

Work Title : Clinical Research Nurse, Registered Nurse

Institution: IRCCS Policlinico San Matteo, Pavia, Italy

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Year of joining EPUAP: 2025

Relevant publications for the last two years (in English only):

-National Pressure Injury Advisory Panel, European Pressure Ulcer

Advisory Panel and Pan Pacific Pressure Injury Alliance. Prevention and

Treatment of Pressure Ulcers/Injuries: Quick Reference Guide.

The International Guideline: Fourth Edition. Emily Haesler (Ed.) 2026.

[cited: download date]. Available from: <https://internationalguideline.com>.

-Co-author of the book:

-"The Wound Care Handbook 2025" by Andrea Bellingeri; published in
March 2025, CDG publisher, Cohautor.

-"The Wound Care Handbook 2023" by Andrea Bellingeri; published in
December 2023, CDG publisher, Cohautor.

-"The Wound Care Handbook 2019" by Andrea Bellingeri; published in
December 2019, CDG publisher, Cohautor.

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Please comment on your involvement with pressure ulcers under the following

headings:

Clinical

Throughout my professional journey in nursing, pressure ulcer prevention and management have been integral components of my clinical practice, particularly in rehabilitation, internal medicine, sub-acute care, and neurosurgical sub-intensive settings, where patients are at high risk of skin breakdown. My experience includes risk assessment, implementation of preventive strategies, support surface management, multidisciplinary care planning, and evidence-based wound management. In neurosurgical and sub-intensive care, pressure injury prevention was central to patient safety and quality of care. My current role in clinical research further strengthens my capacity to integrate prevention science with complex patient management.

Clinical practice in following Unit Care:

From 1/05/2021 ongoing:

Clinical Research Nurse at "San Matteo Phase I, Clinical Trial Unit and Experimental Therapy". Scientific Management Department. Policlinico San Matteo, Pavia, Italy .

From 16/02/2020 to 30/04/2020 and from 15/03/2021 to 30/04/2021:

Nurse at U.O.C Infectious Diseases III "Fondazione I.R.C.S. Pol Pavia, temporary assignment for Emergency Covid- 19.

From 31/07/2017 to 31/03/2021:

Nurse holding a permanent contract of employment at , U.O.C. Sub intensive care unit of Neurosurgery, Policlinico San Matteo "in Pavia.

From 16/09/2015 to 30/07/2017:

Nurse on permanent contract at A.S.S.T. Voghera U.O. Internal Medicine

From 16/09/2013 to 15/09/2015:

Nurse holding a full-time fixed-term contract (36 hours/week) at ASST Rhodense U.O. of Rehabilitation Medicine (3 months) and Sub Acute Care (21 months).

From 15/09/2012 to 15/09/2013:

Nurse holding a coordinated and continuous contract (Co.Co.cO) full time at the ASST Pavia Civil Hospital, as part of a specific project called "*Consolidation of the use of single-dose drugs in some hospital operating units*" in the O.U. of Internal Medicine and General Surgery.



Scientific research

My scientific involvement includes participation as a Core Review Group member for the EPUAP/NPIAP/PPPIA International Guideline 2025, contributing to evidence review and international standards in pressure ulcer prevention and treatment. I am also involved in interdisciplinary research through DFSG (Diabetic Foot Study Group), with interests in prevention, recurrence reduction, patient-reported outcomes, and translational wound care research. I have collaborated with BMJ (British Medical Journal) in a clinical expert programme. My academic contributions include co-authorship of multiple wound care publications and ongoing development of research methodologies applicable to vulnerable wound populations.

- **DFSG Member Research Group:** https://dfsg.org/research_groups/prevention-of-recurrence-and-readmission-research-group/
- Panel Board International Guideline EPUAP/NPAP/PPPIA 2025 as “Core review Group”.
- **Ad Hoc Reviewer for Journals:** Journal of Wound Management (EWMA J), Italian Journal of Wound Care”, Wiley Journal.
- Member of Clinical Expert group of BMJ (British Medical Journal) From April 2025 to December 2025, involved in Clinical Experts Programs.
- Member of Scientific Board of International Wound Research Journal <https://journals.ieditore.com/index.php/IJWR/inde>

Organisational

I actively contribute to pressure ulcer prevention through participation in national and international scientific networks, including AISLeC, EWMA, DFSG, and EPUAP-related initiatives. As AISLeC Regional Delegate and international collaborator, I support dissemination of best practices, implementation of evidence-based prevention strategies, and professional integration between clinical practice, education, and guideline development. I have an active role in the organisation of conferences and educational courses, involving academic leaders, clinicians, and commercial partners. I take part as Member of the Scientific Organising Committee.

- Member of the Wound Care and Skin Injuries corporate group at I.R.C.C.S. Policlinico San Matteo in Pavia, for protocols updates.
- Member of the Skin Injury Improvement Group of the ASST PAVIA hospitals (Italy), for updating protocols and new company proposals in the field of Wound care from 2016 until the end of the employment contract.



Educational

Education is one of my principal areas of contribution. Through university teaching, master's programs, CME courses, and national/international congress presentations, I have consistently promoted evidence-based prevention and management of pressure ulcers. My teaching focuses on holistic prevention, clinical appropriateness, multidisciplinary care, and translation of guideline recommendations into everyday practice.

- Adjunct lecturer at the University Federico II, Master's Degree Rehabilitative Podiatry with a focus on VASCULAR AND SURGICAL ISSUES. Lecture title: "Management of chronic vascular ulcers"
- Adjunct lecturer at the University of Catania, Master's Degree Course "Nurse Specialist in Wound Care". Lecture title: Malignant Fungating Wounds. Held in Catania, Italy, on 26 October 2025.
- Adjunct lecturer at the University of Pavia, Master's Degree Course "Nurse Specialist in Vulnology" Lecture title: Malignant Fungating Wounds.
- Adjunct lecturer at the University of Pavia, Master's Degree Course "Nurse Specialist in Vulnology" Lecture title: Malignant Fungating Wounds ", held in Pavia, on 15/12/2023.
- Lecturer on assignment at 'Università Telematica Pegaso "Master Family and Community Nurse" from 2020 to present. Lesson title: Home management of complex ulcers.
- Lecturer at AILSLeC (Nursing Association for the Study of Skin Lesions) CME courses:
 - “ Pressure injuries: a holistic approach and the appropriateness of the choice of prevention and treatment devices and aids”. Held in Mantua, Italy on 18/11/2022.
Faculty: Battistino Paggi , Annalisa Poli, Gianluca Castiello, Michela Cinquanta, Rosa Colella.
- Lecturer at AISLEC CME COURSE: “Prevention and treatment of pressure injuries: better to prevent than to medicate!” held in Brescia, Italy on 04/11/2021; Treatment of pressure injuries: a holistic approach, held in Brescia on 11/11/2021.
Faculty: Battistino Paggi, Vincenza Maniaci, Rosa Colella.
- CME Course Lecture: "Malpractice in Wound care: clinical and legal aspects", held at RSA Opera Caritas s.r.l. Via Vincenzo Monti, 16, 27029, Vigevano (PV), Italy, on 17/02/2019.
- CME course lecturer:"Holistic view of the patient with skin ulcers: indication, appropriateness and clinical evidence in the choice of advanced dressings", held at RSA Opera Caritas s.r.l., Via Vincenzo Monti, 16, 27929, Vigevano (PV), Italy.



•CME Course Lecturer:"Fundamentals of Wound care, according to an updated literature review", held at Collegio Cardano di Pavia, Italy on 25/11/2019 .

CONFERENCE REPORT:

-Speaker at the AIUC (Italian Association of Cutaneous Ulcers) National Congress, held from On 1 to 4 October 2023 in Turin, Italy.

-Speaker at EWMA Conference 2023, held in Milan Centro Mico Congressi 3-5 May 2023, as Italian delegation.

-Speaker at the FADOI/ANIMO Young Lombardy Regional Congress, held at Palazzo delle Stelline, Milan on 30-09-2023.

Title Relations:

-1. Malnutrition and Pressure Injuries: Proactive Management Strategies.

-2. Malignant Fungating Wounds and Pain Management.

-Speaker at SIRTES (International School of Tissue Repair) for Event : SIRTEX WOUND GAMES" held in Florence on 24 and 25 February 2023. Title Report: "Physician-nurse synergy: how to optimise". www.sirtes.org.

-Speaker at AISLeC National Congress 20-22/10/2022, held in Rimini on 20-22/10/2022. Oral Communication entitled: Biotechnological Innovations in Wound Care, Can a Biotechnological Device Affect the Prevention of Surgical Site Complications RCT Protocol.

-Speaker at ANIMO Regional Congress, held on 06/11/2021 at Palazzo Stellina Titles Reports/moderations:1-Correct use of antiseptics in the management of skin ulcers. 2-The importance of shared management: the nurse's point of view.

-Animo Session Moderator:"The Impact of a Pandemic on Nursing Care Delivery".

Speaker at the National Congress A.N.I.M.O. (National Association of Hospital Medicine Nurses). Title lecture: "Role of negative pressure therapy in the management of complex ulcers", held on 12/05/2019/ at Fortezza da Basso - Florence (FI).

-Speaker at FADOI/ANIMO Regional Congress held on 10/11/2018 at Mamu Mantova Multicentre congress centre (MN) with the title "Malpractice in Wound Care: case series and indications for a best-practice".



- Speaker at ANIMO Regional Congress. Topic treated: "Role of therapy in negative pressure in the management of complex ulcers (practical test on a manikin).

Strengths not utilised

My underutilised strengths include clinical research methodology developed in Phase I, Clinical Trials Unit and translational settings, which could support greater methodological rigor in prevention-focused projects; development of PREMs/PROMs for chronic and oncologic wound populations; strategic network-building between Italian and European wound care communities; and specialist experience in neuroscience and sub-intensive prevention settings that may broaden perspectives on pressure injury prevention in complex patients.

- Clinical research methodology in Clinical trials and translational settings
- Development of PREMs/PROMs for patients with chronic and oncologic wounds
- Italian network development between EPUAP, AISLeC and clinical practice
- Experience in neuroscience/sub-intensive prevention strategies
- Contribution to educational programs for nurses in evidence-based wound prevention, research group.




Membership of other organisations

I am currently member of the:

- **DFSG (Diabetic Foot Study Group) – Research Group Member:**
https://dfsg.org/research_groups/prevention-of-recurrence-and-readmission-research-group/
- **EWMA (European Wound Management Association) Member as associated**
- **AISLEC (Nursing Association for the Study of Skin Lesions) member as Regional Delegate.**
- **ANIMO (Italian Association of Internal Medicine Nurses) member as associated.**

14/05/20


(Rosa Colella)