

On November 20, 2025, San Vicente de Paul Hospital in Heredia, Costa Rica, commemorated Pressure Ulcer Prevention Day. This annual event highlights the importance of proactive measures in patient care and reinforces the hospital's commitment to clinical excellence.

For this year's observance, the local committee successfully developed an Algorithm for the Prevention and Treatment of Pressure Ulcers in Hospitalized Patients. The algorithm was designed to provide structured guidance for healthcare professionals, ensuring standardized practices in both prevention and treatment.

As part of the celebration, the algorithm was formally presented to the nursing staff across several key departments, including neonatology, surgery, internal medicine, and emergency services. This initiative aimed to strengthen interdisciplinary collaboration and enhance patient safety outcomes.

The event reaffirmed the hospital's dedication to continuous improvement in patient care and the promotion of evidence-based practices.

We thank you for the attention to this report.

Pressure Ulcers Committee

San Vicente de Paul Hospital

CLASIFICACIÓN DE LAS LPP



Grado 1:
Piel intacta, con enrojecimiento localizado.



Grado 2:
Pérdida parcial de la dermis.

**DÍA MUNDIAL
DE PREVENCIÓN
DE LESIONES
POR PRESIÓN**



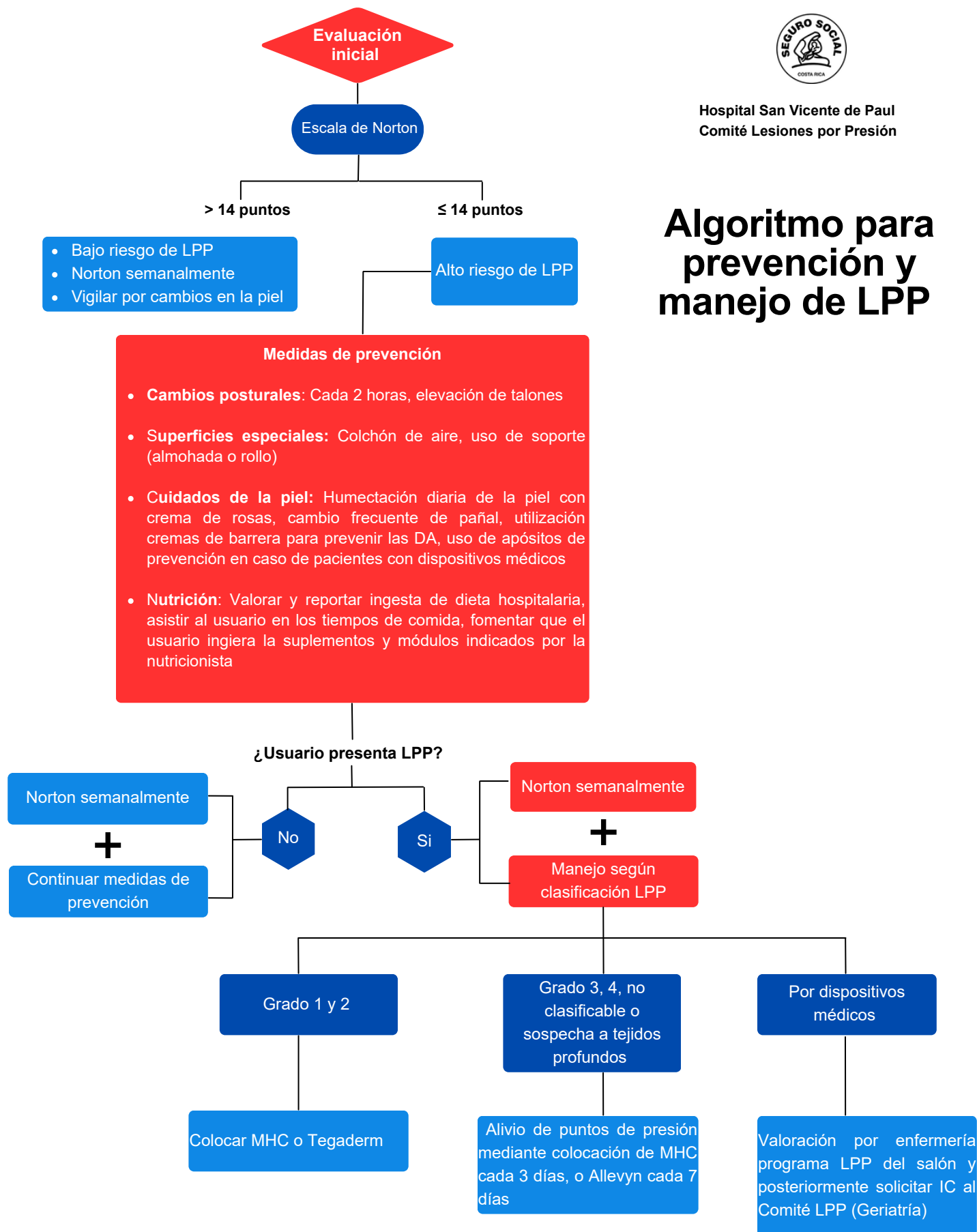




DÍA MUNDIAL
DE PREVENCIÓN
DE LESIONES
POR SUICIDIO



Algoritmo para prevención y manejo de LPP



Clasificación de las LPP

- **Grado 1:** Piel intacta con enrojecimiento localizado
- **Grado 2:** Pérdida parcial de la dermis
- **Grado 3:** Daño completo de tejido cutáneo, con exposición de grasa subcutánea
- **Grado 4:** Exposición de músculo, hueso o estructuras de soporte
- **Sospecha tejidos profundos:** Área de piel decolorada (púrpura o marrón) o ampolla con sangre
- **No clasificable:** Pérdida total del espesor, pero la base está cubierta por esfacelos o escaras. Profundidad desconocida