

## Students Teaching Students

On November 20, 2025, the **STOP Pressure Ulcers** event took place at Vyšší odborná škola zdravotnická Suverénního řádu maltézských rytířů in Prague.

Students in the 1st year of the General Nursing program, along with their professional instructors, participated in this global healthcare campaign. The students' task was to prepare posters focused on pressure ulcer prevention, which were subsequently displayed in the school specialized classrooms premises.

During the whole morning, the tertiary school students (VOŠ) educated the first-year students of the Practical Nurse program from the Církevní střední zdravotnická škola Jana Pavla II. in Prague. Thematic stations were prepared for the secondary school students in the specialized classrooms. In an entertaining, yet professionally beneficial way, they learned how to effectively prevent pressure ulcers. They practiced patient positioning, working with positioning aids, proper hygiene, recognizing the different stages of pressure ulcers, and the principles of nutrition for at-risk patients. After successfully completing all tasks, a sweet reward awaited them.

The involvement of students of nursing in the STOP Pressure Ulcers project was not only successful but also very beneficial. The new generation of nurses thus gains skills that enable them to effectively prevent this serious nursing problem.









