

STOP PRESSURE ULCERS

Mobilization of Hirlanden clinics in Geneva



As part of Pressure Ulcer Awareness Day, the Hirlanden Grangettes and Colline clinics organised an event to raise staff awareness of pressure ulcer prevention, detection and management. Wound care specialists and clinicians coordinated the event, offering a participatory and interactive approach involving all healthcare professionals.

The day featured several practical workshops. Participants were able to identify pressure ulcers on mannequins and through clinical vignettes, familiarising themselves with classifications and care protocols.

They also attended demonstrations of positioning in bed and in a chair, highlighting recommended techniques for relieving pressure to protect areas at risk or already affected.

Best practices in the operating theatre were reviewed, while the educational wheel offered a fun and interactive learning experience.

A workshop on nutrition also emphasised the importance of nutrition in prevention and healing.

The day ended with an interactive quiz, allowing teams to test and consolidate their knowledge. Discussions between professionals encouraged the sharing of experiences and strengthened the collective understanding of the challenges associated with pressure ulcer prevention.

This first edition identified areas for improvement for future editions, providing a concrete basis for continuing prevention efforts and monitoring their impact on the care provided to at-risk patients.

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WORKSHOPS

Workshop 1: Optimizing positioning
➤ Redistributing pressure and preventing tissue ischemia

Workshop 2: Pressure ulcer wheel
➤ Identify, classify, intervene: for optimal pressure ulcer management

Workshop 3: Wound recognition chart
➤ Methods and recommendations

Workshop 4: Positioning in the operating room
➤ Managing prolonged pressure in the operating room

Workshop 5: Dietetics
➤ Nutritional optimization in pressure ulcer prevention and healing support

Participation in the "STOP ESCARRE" quiz with prizes

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