

On 19 November, Lithuanian University of Health Sciences Hospital Kaunas Clinics and Society of Anesthesia and Intensive Care Nurses in Lithuania hosted a hybrid conference titled **“Pressure Ulcer Challenges in Nursing: Together for a Future Without Pressure Ulcers”**, organised to mark *Stop Pressure Ulcers Day*. The event brought together **297 participants**, including nursing professionals and other healthcare specialists.

The conference addressed the multifaceted issue of pressure ulcers within nursing practice, emphasising contemporary challenges, prevention strategies, and the dissemination of evidence-based best practices. The title *“Together for a Future Without Pressure Ulcers”* symbolises a collective commitment to interdisciplinary collaboration, preventive strategies, and the enhancement of patient care quality.

The primary aim of the conference was to provide nursing professionals with updated, clinically relevant knowledge and to facilitate the exchange of scientific and practical insights, methodologies, and prevention approaches when caring for patients at high risk of developing pressure ulcers. Pressure ulcer prevention remains a critical component of nursing practice, as it not only contributes to improved patient outcomes but also reduces complication rates and the overall burden of care. Conferences of this nature play an essential role in supporting continuous professional development, introducing new tools, and strengthening the implementation of evidence-based practice. The hybrid format ensured accessibility and flexibility, allowing participants to join either in person or remotely.

The programme featured presentations from international experts representing **Sweden, the Czech Republic, Cyprus, and Canada**. Prof. Ph. Dr. **Andrea Pokorná** delivered a lecture on the importance of nursing education for both students and practicing nurses, highlighting the emerging role of virtual reality technologies in teaching pressure ulcer assessment and care. **Theologia Tsitsi** from the Cyprus University of Technology discussed the potential of artificial intelligence in pressure ulcer prevention and its integration into clinical practice. **M. Sc. Ulrika Grenholm** shared practical clinical insights and current guidance used in the management and prevention of pressure ulcers. **MSN. PhD Assistant Isil Isik Andsoy** presented theoretical and practical strategies for achieving a *zero-pressure-ulcer* rate in clinical settings.

In addition, Lithuanian lecturers contributed presentations on topics such as wound hygiene (from theory to clinical application), atypical pressure ulcer challenges in contemporary nursing, emerging opportunities in pressure ulcer prevention, patient activation strategies, and the rapid elimination of infection within pressure ulcer wounds.

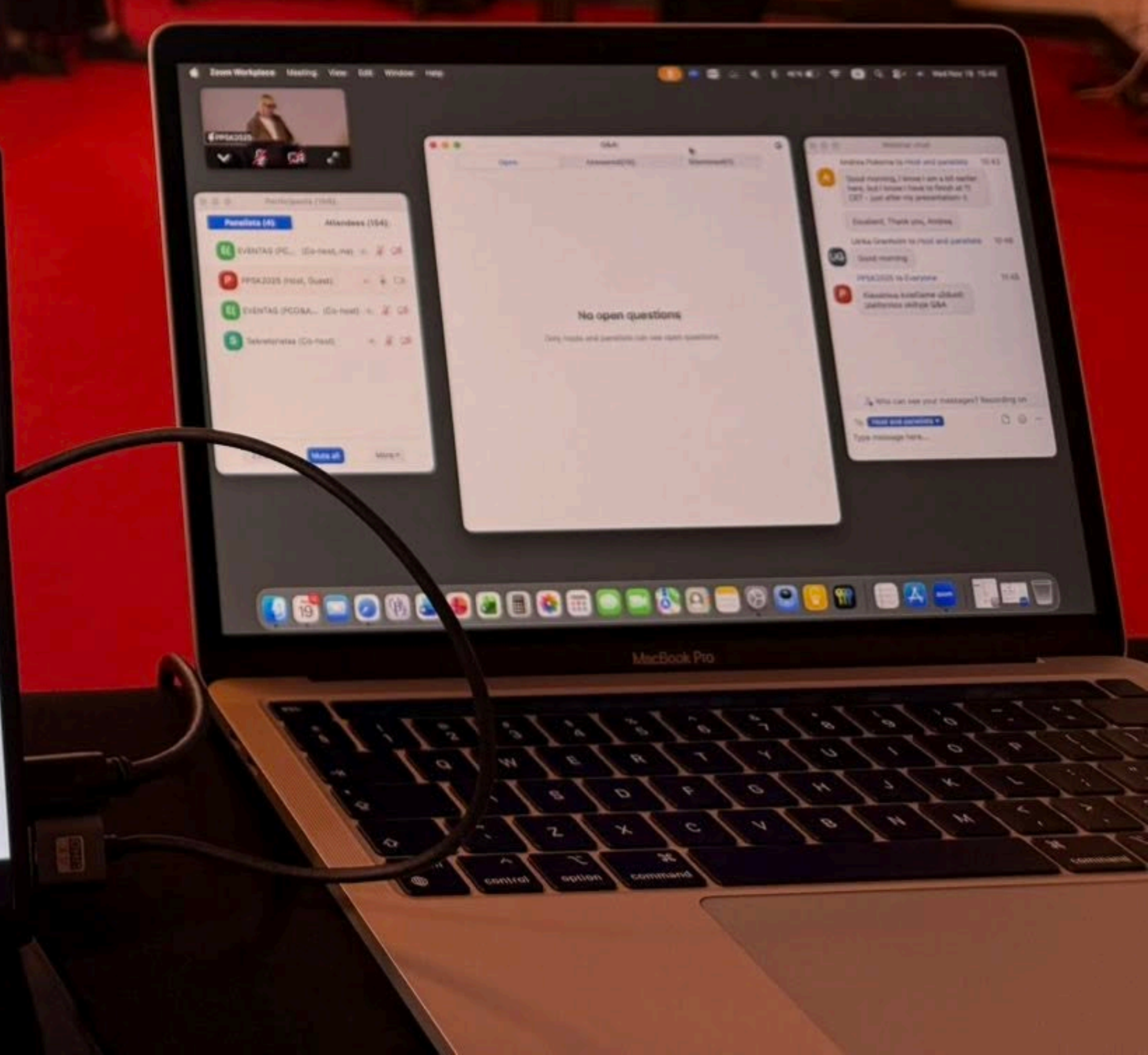
The conference programme also included **interactive practical workshops**, providing participants with hands-on experience in applying the discussed methodologies and prevention techniques.



Kartu už ateitį be
pragulų

STOP

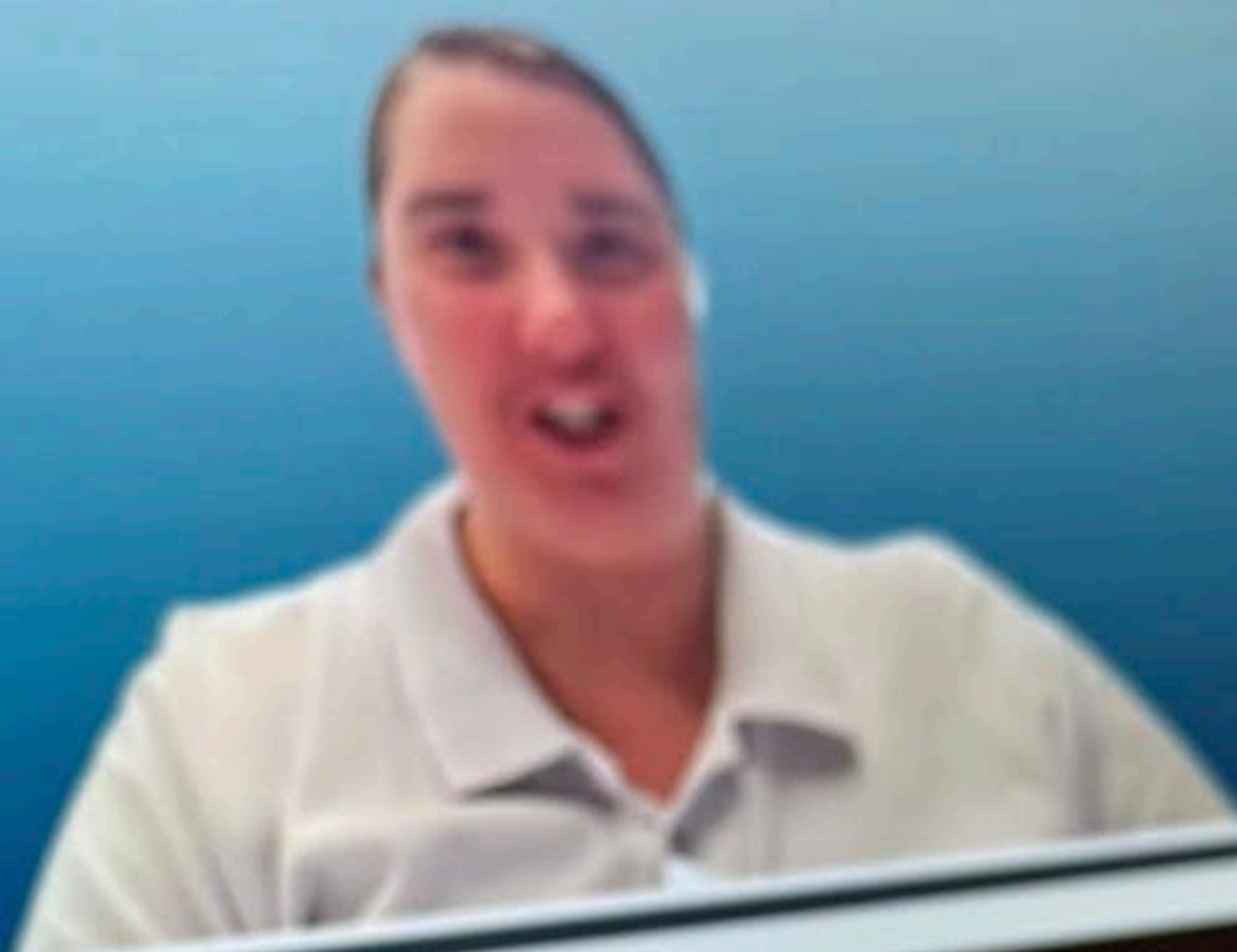
QUOLONG







 **KAROLINSKA**
UNIVERSITY HOSPITAL



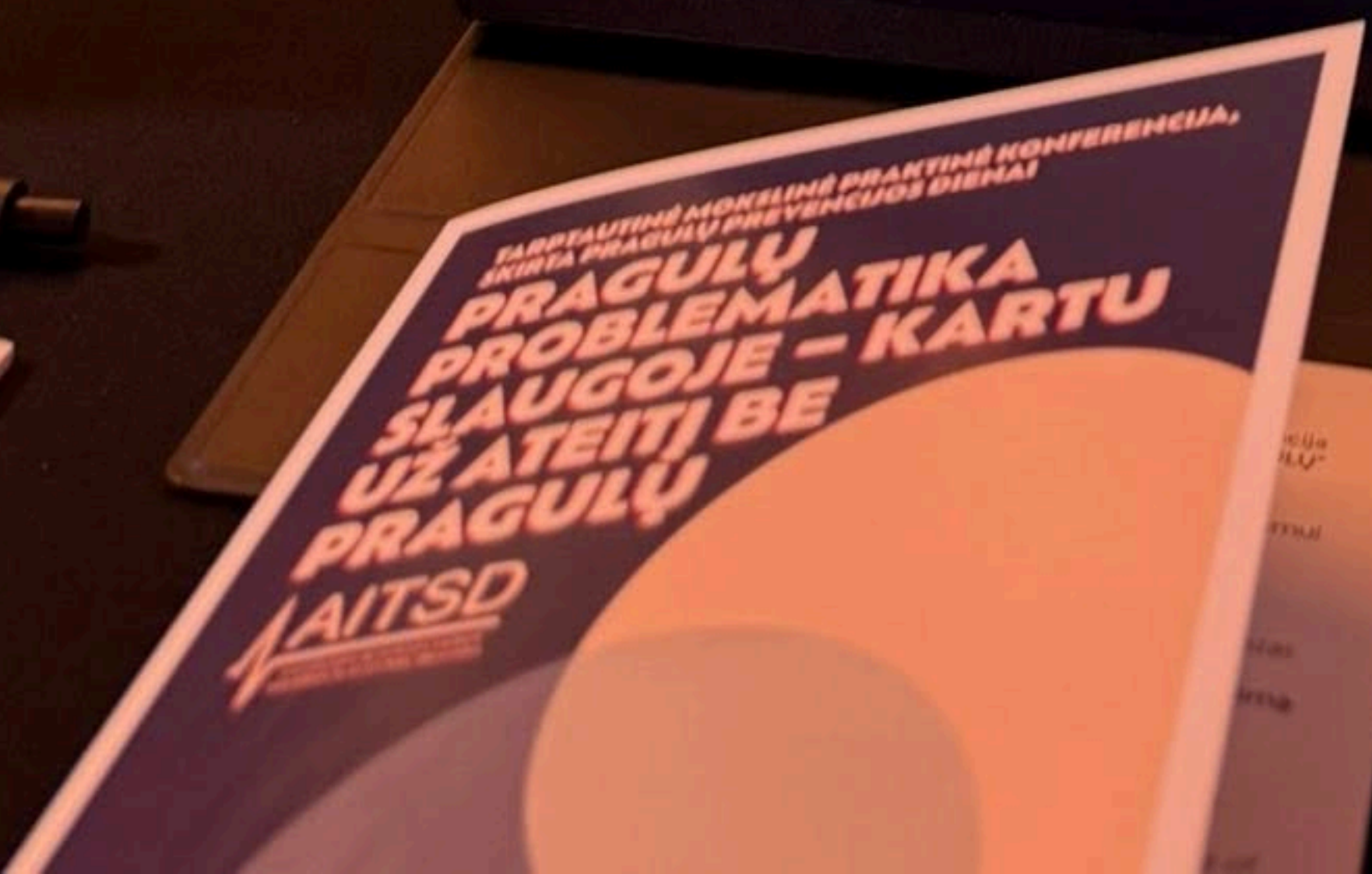
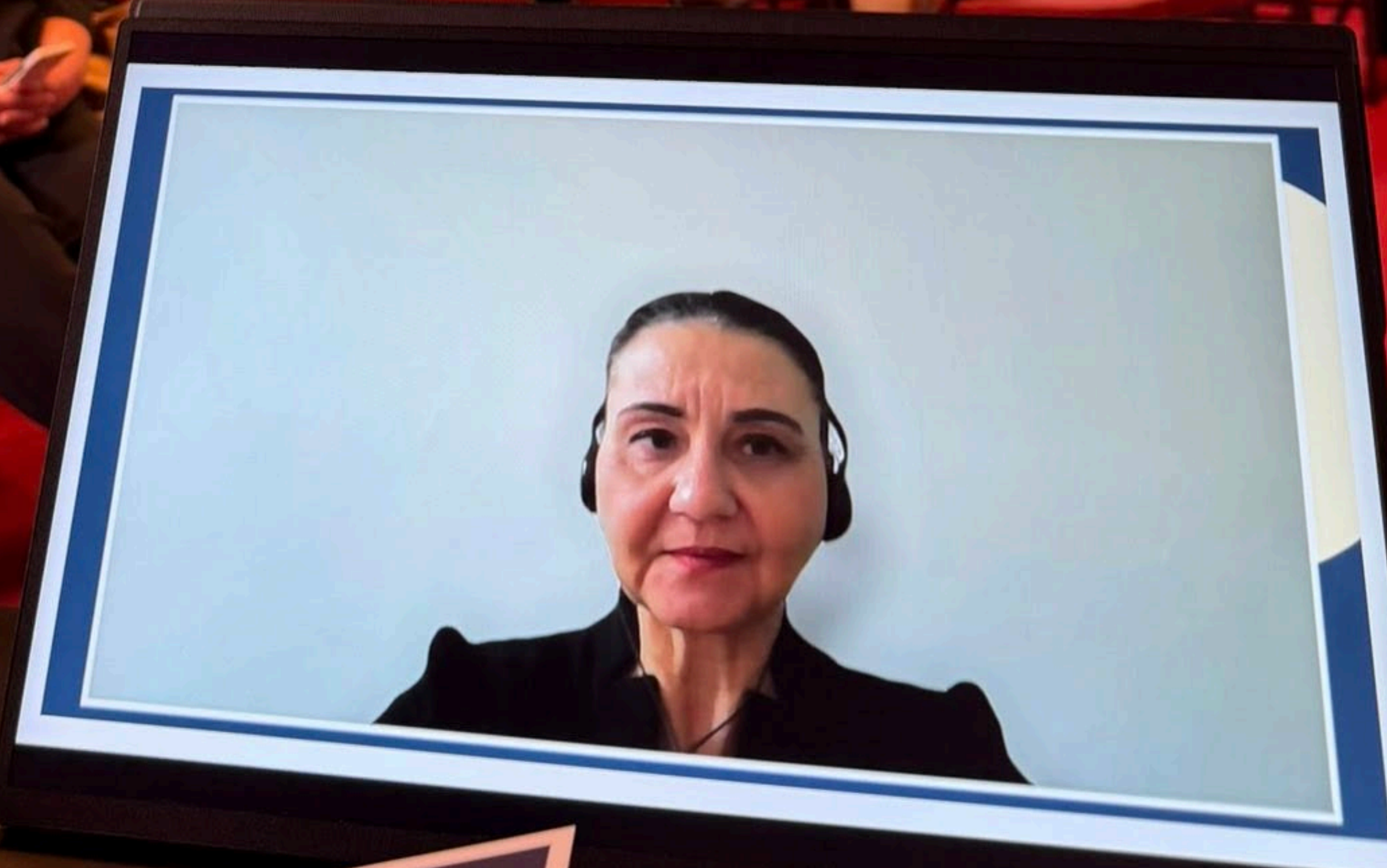
TARPTAUTINĖ MOKSLINĖ PRAKTINĖ KONFERENCIJA,
SKIRTA PRAGULŲ PREVENCIJOS DIENAI

**PRAGULŲ PROBLEMATIKA
SLAUGOJE – KARTU
UŽ ATEITĮ BE
PRAGULŲ**

AITSD
ANESTEZIJOS IR INTENSIVIOSIOS
TERAPIJOS SLAUGYTOJŲ DRABUŽIA

PROGRAMA
2025 M. LAPKRIČIO 19 D.





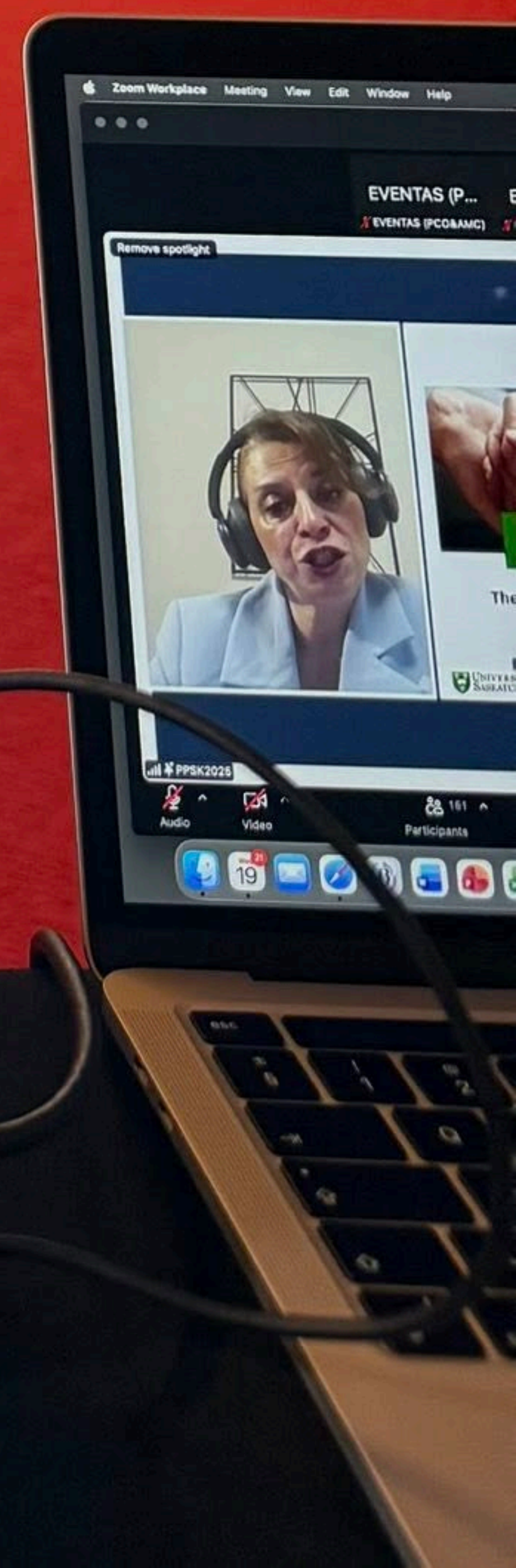
Call to Action



Pressure Ulcers to Zero
Together, we can prevent pressure ulcers

The key to success is the collaboration of the patient, family, and the interdisciplinary team to achieve

Encourage reporting, education, and proactive, collaborative care



780 992 6414 03


ERBAGIL

RIGENOMA[®] PRIEMONIŲ LINIJA
ŽAIZDŲ GYDYMUI IR PRIEŽIŪRAI SU
PATENTUOTU OZOILE[®]

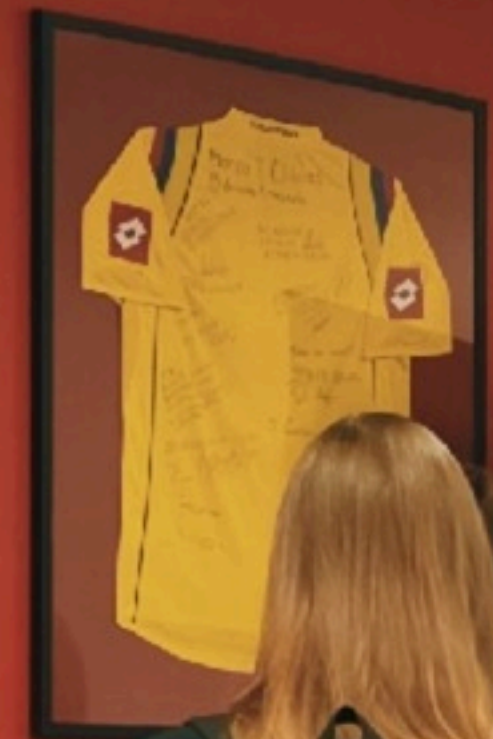
Ozoile[®] Erbagil patentas


OZONAS + OIL[®] = OZOILE[®]
OZOILE[®] ERBAGIL PATENTAS
patentinis žaizdų gydymas

- **ŽAIZDŲ VALYMAS:** Rigenoma[®] švelnus prausiklis ir Rigenoma[®] nenuplaunamas valomasis tirpalas
- **ŽAIZDŲ DRĖKINIMUI:** Rigenoma[®] hidrogelis
- **ŽAIZDŲ INFEKCIJOS PREVENCIJAI IR GYDYMUI:** Rigenoma[®] purškalo
- **ŽAIZDŲ TVARSTYMOI:** Rigenoma[®] marlė ir Rigenoma[®] alginatė
- **ODOS APSAUGAI IR REGENERACIJAI:** Rigenoma[®] kremas

įsigyti galima:
P+K PHARMA
www.ppkpharma.lt

Oficinis platintojas:
ULTRAVIS[™] MED
ultravismed.com



RIGENOMA[®] LINIJA

Mölnlycke[®] Granudacyn[®]
Žaizdų gydymas
ir infekcijų prevencija





**Culture eats strategy
for breakfast**

Quote: Peter Drucker

2009

2014

2019

2025

Prevention and Treatment of Pressure Ulcers/Injuries: Clinical Practice Guideline The International Guideline Fourth edition

Pressure Ulcer Prevention & Treatment

Prevention and Treatment of Pressure Ulcers: Technical Documents: Data Extraction Tables

Prevention and Treatment of Pressure Ulcers/Injuries: The International Guideline 2019

Prevention and Treatment of Pressure Ulcers/Injuries: Clinical Practice Guideline The International Guideline Fourth edition

Pragų / traumų prevencija ir gydymas: klinikinės praktikos gairės (pirmasis leidimas 2009 m., antrasis leidimas 2014 m., trečiasis leidimas 2019 m.; patelkia įrodymais pagrįstas pragų prevencijos ir gydymo gaires, kurias parengė Nacionalinė spaudimo opų patiriamoji grupė (NPIAP), Europos spaudimo opų patiriamoji grupė (EPUAP) ir Visos Ramiojo vandenyno regiono spaudimo traumų aljansas (PPPIA), bendradarbiaudamas su kitomis žaizdų organizacijomis visame pasaulyje. Klinikinės gairės siekia optimizuoti ir sumažinti klinikinės priežiūros skirtumus, teikiant rekomendacijas, pagrįstas geriausiais turimais įrodymais ir papildytas klinikinio vertinimo bei patirtimi. Tobulėjant spaudimo opų tyrimams ir keičiantis įrodymų rinkiniui, būtina reguliariai peržiūrėti Tarptautinėse spaudimo opų gairėse pateiktas rekomendacijas ir klinikinės gaires. Todėl NPIAP/EPUAP/PPPIA yra įsipareigojusios kas 4-5 metus atnaujinti Tarptautines spaudimo opų gaires, siekdamos užtikrinti, kad klinikinės gairės atspindėtų dabartinės mokslinės žinias ir geriausią klinikinę praktiką.

PRAGŲ PROBLEMATIKA SLAUGOJE – KARTU UŽ ATEITĮ BE PRAGŲ





Dr Theologia Tsitsi |
Lecturer in Surgical
Nursing | Department of
Nursing | CUT

AI in Preventing Pressure Injuries - Nursing Perspectives

Examining How Artificial Intelligence Can Transform Nursing Practices in Preventing Pressure Ulcers Through Innovative Predictive Technologies and Real-World Implementations.

