



## EPUAP CURRICULUM VITAE

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**Year of joining EPUAP** 2022

**Relevant publications for the last two years (in English only):**

- **Medeiros, S.; Rodrigues, A.; Costa, R. (2025 in press).** Physiotherapy intervention in the treatment of patients with venous ulcers - Systematic Literature Review was accepted on Journal of Wound Care and Will be published at end of May/2025
- **Lindo, J; Rodrigues, A; Sardo, P (2025).** Tissue Viability and care for people with wounds: clinical cases. DOI: <https://doi.org/10.22533/at.ed.138250502> ISBN: 978-65-258-3113-8
- **Medeiros, S.; Rodrigues, A.; Costa, R. (2024)** Physiotherapy Intervention in the Treatment of Venous Ulcers: Results from a Delphi Panel. J. Vasc. Dis. 2024, 3, 508–519. <https://doi.org/10.3390/jvd3040038>
- **Hernández-Martínez,F; Guedes, M; Lima, T; Díaz-González, C; Rodrigues, A; Cabrera-Hernández, M (2023)** Pressure ulcers and injuries prevalence in beginner wind instrument musicians in GAIF (2023) Abordagem Integrada à pessoa com ferida - Perspetivas... Grupo Associativo de Investigação em Feridas ISBN: 978-989-96624-1-4
- **Reis JDD, Sa-Couto P, Mateus J, Simões CJ, Sardo P, Rodrigues, A; Simões JL. (2023)** Impact of Wound Dressing Changes on Nursing Workload in an Intensive Care Unit. Int J Environ Res Public Health. Mar 28;20(7):5284. doi: 10.3390/ijerph20075284. PMID: 37047900; PMCID:PMC10094196.

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Please comment on your involvement with pressure ulcers under the following headings:

#### Clinical

- Member of Group work with an clinical project on intensive care: “Subepidermal moisture: a tool to consider in the prevention of pressure ulcers in an intensive care” – Vila Nova de Gaia Hospital
- Consultancy about pressure ulcer prevention to community health institutions and geriatric institutions

#### Scientific research

- Master and Doctoral Thesis on pressure ulcer prevention and Informal caregivers quality of life and burden
- Scales validation to Portuguese version: RESVECH 2.0 and DESIGN R (in process)
- Epidemiological Pressure Ulcer studies
- Pressure ulcer costs

#### Organisational

##### Consultancy:

- Member of Portuguese Nursing Council Work Group to Pressure Ulcer prevention and treatment

##### Scientific and Organizing Committee of events:

- I Congresso Internacional de Viabilidade Tecidual e Cuidados à Pessoa com Ferida: Colocar o dedo na ferida (I International Congress on Tissue Viability and Care for People with Wounds: Put the finger in the wound) | Aveiro University | 2024
- XVI Congresso Internacional De Feridas (Wounds International Congress) | Associative Wound Research Group | 2024
- A Pessoa com Pé Diabético (The person with diabetic foot) | University of Aveiro and Hospital da Luz Learning Health | 2023
- FERIDAS: Ação, Responsabilidade, Cicatrização (Wounds: Action, Responsibility, Healing) | Associative Wound Research Group | 2023

#### Educational

- Director of the post-graduate course on tissue viability and care for people with wounds at Aveiro University;
- Professor at pressure ulcer and other wound care áreas at the master’s degree in medical-surgical nursing at Aveiro University
- Several oral communications in national and international scientific events;
- Health education activities in the community on pressure ulcers/injuries prevention;



Strengths not utilised

Other publications on wound care and publications related pressure ulcer before 2023:

- Rodrigues, A. M., Ferreira, P. L., Lourenço, C., Alves, P. J. P., Marques, J. M. N. D., & de Sá, L. O. (2022). Chronic wound assessment: Cultural and linguistic adaptation for European Portuguese of RESVECH-2 scale. *Journal of tissue viability*, S0965-206X(22)00078-X.
- Rodrigues, A.; Amaral, A (2022). Nursing intervention plan for family caregiver of a person with chronic wounds. *International Journal of Health Science*. v. 2, n. 41. DOI 10.22533/at.ed.1592412225075
- Rodrigues, A. Ferreira, P.; Ferre-Grau, C. (2016). Providing informal home care for pressure ulcer patients: how it affects carer's quality of life and burden. *Journal of Clinical Nursing*, doi: 10.1111/jocn.13356
- Rodrigues, A.; Ferre-Grau, C.; Ferreira, P. (2015). Being an Informal Caregiver of a Person with a Pressure Ulcer in the Azores Islands. *Advances in skin and wound care*. 28(10) p.452-459
- Rodrigues, A. et al (2014) "Metodologías educativas para la prevención de las úlceras por presión: estudio piloto en las islas Azores" *Revista Gerokomos*. 2014;25(1):41-43
- Rodrigues, A. et al. (2013) Custo económico do tratamento das úlceras por pressão: uma abordagem teórica . *Rev. esc. enferm. USP [online]*, vol.47, n.4, pp. 971-976. ISSN 0080-6234.

Books:

- Prevalência das úlceras por pressão: a problemática dos Açores (2014) (Pressure ulcer prevalence: the Azores islands problem). ISBN: 9789728612894
- Prevenção de úlceras por pressão - Manual para cuidadores (2011) (Pressure ulcers prevention – Book to caregivers) ISBN: 978-972-8612-75-7

Papers presented on scientific events and scientific recognition:

- Sardo, P; Simões, J; Rodrigues, A (2024). Nursing Students' Attitudes Towards Pressure Ulcers Prevention. Paper presented on EPUAP2024 Annual Meeting. September. Lausanne
- Rodrigues, A; Morais, J; Pereira, P; Guedes, M; Alves, F (2024) Subepidermal moisture: a tool to consider in the prevention of pressure ulcers in an intensive care unit preliminary data Paper presented on EPUAP2024 Annual Meeting. September. Lausanne (BEST POSTER PRESENTATION AWARD)

Projects:

- EWMA PROJECT: Wound Care Home Care

Membership of other organisations

- Board Member of Grupo Associativo de Investigação em Feridas - GAIF (Associative Wound Research Group) – since 2012 to 2025
- Board Member of Sociedad Ibero-latinoamericana Úlceras y Heridas
- Researcher of Centre for Innovative Biomedicine and Biotechnology | Centre of Studies and Health Research of Coimbra University
- Member of Egas Moniz Health Alliance (EMHA) – This Clinic Academic Centre is a consortium between the University of Aveiro and several Portuguese Health Institutions.