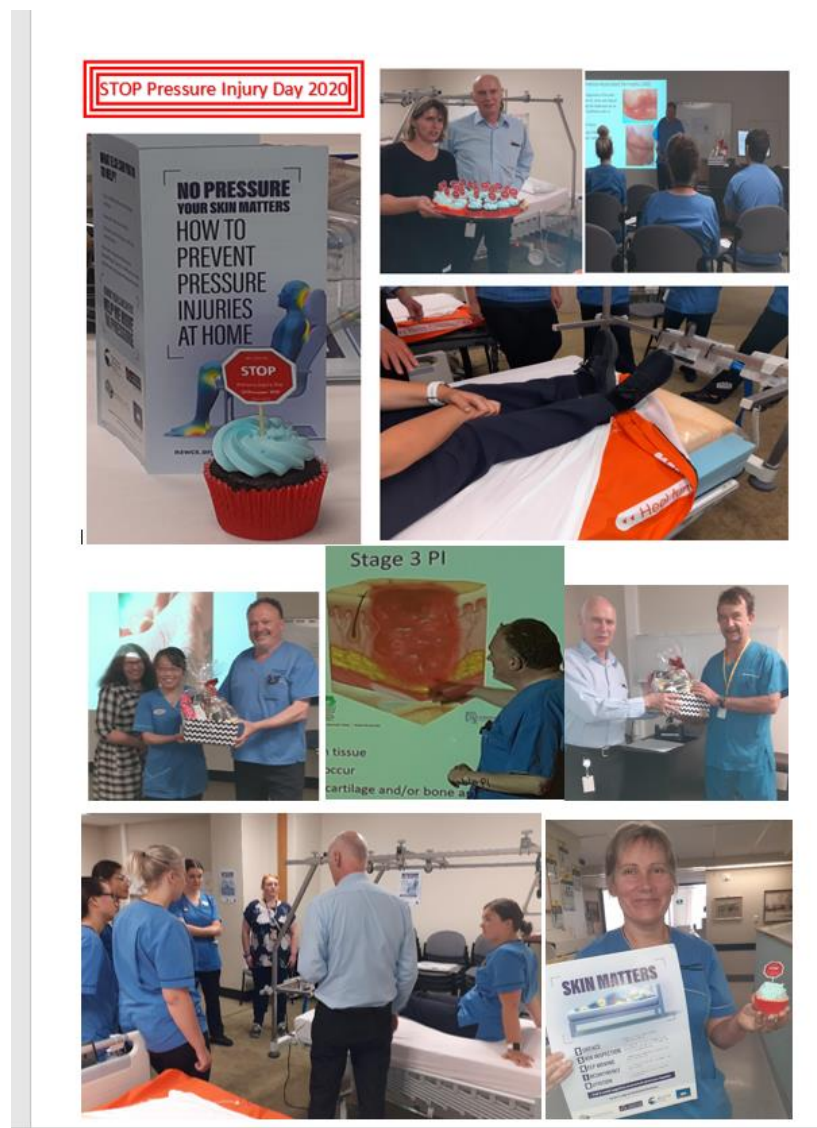**STOP Pressure Injury Day celebrated**

International STOP Pressure Injury day was celebrated across the district last Thursday (19 November).

Thousands of New Zealanders get a pressure injury each year, even though research shows that most are preventable. When they happen, pressure injuries can have a significant impact on peoples' lives, and lead to long periods of bedrest and social isolation, and in the most severe cases sometimes death. They can also have a significant impact on the health system.

The day was an opportunity to reflect on the enormous harm caused to our patients when they suffer a pressure injury. It was also a great opportunity to focus on providing the best care possible to prevent pressure injuries and to document and optimally manage pressure injuries when they do occur.

In Dunedin over 100 Dunedin Hospital staff took advantage of rolling training sessions to understand how to use and trouble shoot the pressure redistribution mattresses we use at Dunedin and Wakari Hospitals (via a hire arrangement with Essential).

Staff were also treated to a pressure injury staging quiz hosted by Emil Schmidt with some great prizes, and Judy Walker provided an overview on a trial at Dunedin Hospital and ISIS for a new Pressure Injury Pink Alert Sticker to support improved documentation of pressure injuries in inpatient clinical records

A massive thank you to Andrea Dorne (4th floor) and Jan Johnstone (District Nursing) who did the most amazing job of organising this event at very short notice. Also thanks to Chris den Dulk from Essential for supporting this event including the sponsorship of refreshments and prizes.

Southland Hospital's PI Prevention Group had some 'serious fun' by challenging, educating and rewarding their hospital colleagues to make sure their knowledge and skills around preventing pressure injuries were tip top.

Their interactive display was available to the public too – check out the photos!

For more information about Pressure Injuries click here