

Stop Pressure Ulcer Day November 17th, 2022 – Report of the actions of the University Hospital Bonn



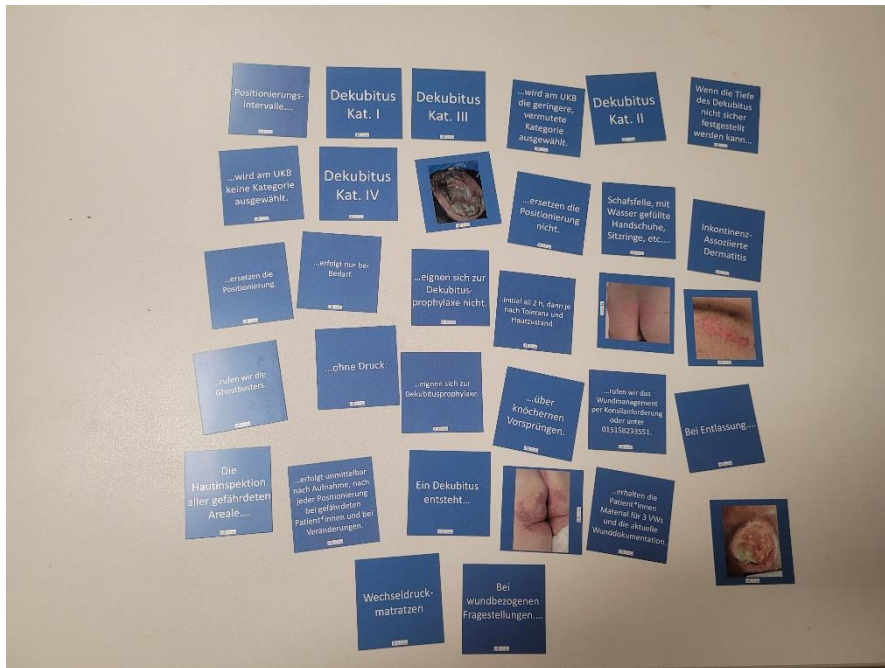
Central wound management University Hospital Bonn (left to right): APN Leah Dörr, Registered Nurse Rebecca Schröder, Diploma vocational pedagogue Andrea Loibl (not in the picture)

On November 17th, 2022 the central wound management of the University Hospital raised awareness for the worldwide „Stop Pressure Ulcer Day“ by means of an interactive, accessible training programme on the subject of pressure ulcers and their prevention.

All 68 wards of the clinic received a pressure ulcer memory and a catchy postcard a few days in advance to increase awareness of the topic.



The memory consisted of 32 cards with a total of 13 correct pairs. 6 cards showed wrong possible solutions.



By means of motivating instructions, the nursing colleagues on the wards were asked to solve the memory correctly and to send a photo of the solution to the Central Wound Management.

STOP PRESSURE ULCERS

Memory Anleitung

Testet Euer Wissen am weltweiten Anitdekubitustag und gewinnt!

1. Setzt die richtigen Pärchen passend zusammen. Aber Achtung! Nicht alle Kärtchen werden gebraucht...
2. Macht ein Foto Eurer Lösung und schickt es dem Zentralen Wundmanagement unter leah.doerr@ukbonn.de
3. Habt Ihr alles richtig gelöst, erhaltet Ihr bald eine kleine Überraschung!

Viel Spaß!

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When all pairs were correctly matched and the wrong cards were sorted out, they received a small surprise in the form of a certificate that marked them as pressure ulcer heroes, a pressure ulcer hero plaster, a medal and something sweet.



The enclosed postcard was to recapitulate the most important aspects of prevention once again: Inspection, mobilisation, positioning, education, nutrition and documentation. The Qr code shown leads to the explanatory video of the EPUAP. Don't give pressure a chance! We know what matters!



Many colleagues participated and quickly solved the puzzles in a fun competition. Creative and funny solutions were even found to answer the wrong cards (see photo). There was a lively exchange and the issue was brought back to consciousness. Colleagues described it as a new, creative approach to refreshing professional knowledge.

On the internal e-Learning Platform there was also a modul uploaded shortly before the Stop-PU Day in 2020 what was advertised again this year. Throughout the modul, the participating medical staff is able to learn and refresh knowledge about the national german expertstandard for pressure ulcer prevention and get to know specific internal regulations at the UKB. At the end knowledge is tested throughout a quiz and when successfully completed the participants gets a certificate.

Due to the Covid-19 Pandemic further, more interactive activities like a movement break on the wards or pressure point measuring on mattresses and chairs were not possible. Likewise, actions are planned for the Stop-PU Day 2023.