



ALGORITHM FOR PRESSURE ULCER MANAGEMENT FOR PROFESSIONALS



As soon as possible after admission

PATIENT HAS A PRESSURE ULCER **PATIENT IS AT RISK**

PATIENT IS NOT AT RISK

PLAN PREVENTIVE AND TREATMENT INTERVENTIONS

- Use protocol/standard/EPUAP guideline
- Use algorithms, scales, tools, technology as appropriate
- Document

IMPLEMENT PLANNED TREATMENT INTERVENTIONS

- Assess the skin damage/stage
- · Clean and debride
- Apply/change dressing as per prescription/plan
- · Monitor and document the wound
- Manage pain
- Use a multidisciplinary team approach

IMPLEMENT PLANNED PREVENTIVE INTERVENTIONS

if there is:

Restricted mobility/activity:

- Reposition regularly
- · Use supportive surfaces redistributing pressure/friction/shear
- Use preventive aids

Skin exposure to moisture:

- Manage incontinence
- Keep the skin clean and dry
- Use linen and clothes made of natural materials
- Use protective products on skin
- Apply prophylactic dressings as appropriate

Nutritional deficit:

- · Ensure adequate nutrition rich in protein, vitamins, minerals
- Supplement nutritional deficiency

Dehydration:

- Ensure adequate hydration
- Monitor fluid intake

Pain:

- Apply non-pharmacological methods of pain management
- · Administer medication as prescribed

REPEAT THE RISK ASSESSMENT AND THE TISSUE ASSESSMENT

as stated in the local standard, protocol, EPUAP guideline, etc. Assess without delay if the patient's condition changes.